THE CARRICKDALE HOTEL & SPA

Breakfast Menu

CONTINENTAL BREAKFAST €11.00

Selection of Cereals, Porridge, Selection of Juices, Fresh Fruit Salad, Yogurt, Tea / Coffee & Toast. (1a,1b,7)

FULL IRISH BREAKFAST €16.50

Bacon, Pork Sausages, Grilled Tomato, Black & White Pudding, Potato Bread, Egg (Fried, Scrambled, Poached or Boiled)
OPTIONAL: Beans, Mushrooms, Soda Bread (1a,1b,1c,3,6,7)

MINI BREAKFAST €14.00

Choose 3 items from the above Irish Breakfast. (1a,1b,1c,3,6,7)

GLUTEN FREE BREAKFAST €16.50

Bacon, Gluten-Free Sausages, Grilled Tomato, Baked Beans & Mushrooms with Gluten-Free Toast. (3,7)

VEGETARIAN BREAKFAST €16.50

Plant-Based Bacon, Sausages & Pudding, Grilled Tomato, Potato & Soda Bread, Baked Beans & Mushrooms with Choice of Egg. (1a,1b,1c,3,7,8)

THE BREAKFAST SALAD €15.00

Poached Egg and Bacon with Salad Leaves, Beetroot, Grated Carrot, Red Onion & Tomato with a Balsamic Glaze (3,12)

Carrickdale / Ravensdale / Dundalk / Ireland / T: 042 938 0900 / E: manager@carrickdale.com / W: www.carrickdale.com
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Breakfast Menu

CHILDREN'S CONTINENTAL BREAKFAST.....€6.50

Choice of Cereal, Juice & Toast (1a,7)

CHILDREN'S COOKED BREAKFAST.....€9.00

Selection of Cereal, Juice & Choice of 2 Cooked items
(Sausage, Bacon or Egg) (1a)
(Available for children under 12 only)

CHILDREN'S PANCAKES..... €8.50

Served with Nutella (1a,3,6,7,8d)

All above are served with white or wholemeal toast (1a), and freshly brewed tea or filter coffee.

If you wish to order a traditional Barista style coffee,
Please advise your server.

AMERICANO €4.00
CAPPUCCINO / LATTE (7) €4.40
ESPRESSO €4.00

Our food & drinks are prepared in areas where all 14 allergens are handled. While we take precautions, we cannot guarantee dishes are free from traces of the 14 allergens, due to shared equipment & preparation areas. If you have an allergy, please speak to your server or a manager before ordering

1. Cereals containing gluten, namely: 1a-Wheat, 1b-Barley, 1c-Rye, 1d-Oats 2. Crustaceans. 3. Eggs. 4. Fish. 5. Peanuts. 6. Soybeans. 7. Milk. 8. Nuts, namely: 8a-Walnuts, 8b-Pinenuts, 8c-Coconut, 8d-Hazelnuts, 8e-Chopped Nuts, 8f-Almonds, 8g-Pistachio, 8h-Cashew 9. Celery. 10. Mustard. 11. Sesame Seeds. 12. Sulphur dioxide and sulphites. 13. Lupin. 14. Molluscs. e.g. Mussels, Oysters, Squid, Snails

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