

Carrickcarnon | Ravensdale
Dundalk | Ireland

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www.carrickdale.com

Find us on Facebook for up
to date menus and opening times.

DIETARY

Our food & drinks are prepared in areas where all 14 allergens are handled. While we take precautions, we cannot guarantee dishes are free from traces of the 14 allergens, due to shared equipment & preparation areas. If you have an allergy, please speak to your server or a manager before ordering.

1. Cereals containing gluten, namely: 1a-wheat, 1b-barley, 1c-Rye, 1d-Oats 2. Crustaceans
3. Eggs 4. Fish 5. Peanuts 6. Soybeans 7. Milk

8. Nuts, namely: 8a-Walnuts, 8b-Pinenuts, 8c-Coconut, 8d-Hazelnuts, 8e-Chopped Nuts, 8f-Almonds, 8g-Pistachio, 8h-Cashew 9. Celery 10. Mustard 11. Sesame Seeds 12. Sulphur dioxide and sulphites 13. Lupin 14. Molluscs, eg Mussels, Oysters, Squid, Snails

MANY DISHES MAY BE ADAPTED TO SUIT YOUR DIETARY REQUIREMENTS. PLEASE ASK YOUR SERVER

Carrickdale
Hotel & Spa



LOBBY
MENU

Coffee

Americano	€3.90
Cappuccino (7)	€4.30
Café Latte (7)	€4.30
Flavoured Latte (7,8d) (Flavours available, Hazelnut, Vanilla, Toffee)	€4.50
Mocha (7)	€4.60
Double Espresso	€4.00

Tea

Pot of Tea For One	€3.80
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Speciality Tea

Earl Grey	€4.00
Peppermint	€4.00
Green Tea	€4.00
Camomile	€4.00
White Tea & Cranberry	€4.00
Pure Rooibos (caffeine-free)	€4.00

Dales Lounge

Carvery

Mon - Sat 12 noon - 3.15pm
Sunday 12 noon - 4pm

Bar Snacks

Mon - Fri 3.15pm - 9pm
Sat 3.15pm - 6.45pm / Sun 4pm - 7pm

Carrick Restaurant

Mon - Fri 5pm - 9pm
Sat 5pm - 9pm / Sun 5.30pm - 9pm

Other Hotel Facilities

Leisure Centre

Incorporating All Weather 3G Floodlit
Pitch, Tennis & Basketball Court,
Children's Playground

Serenity Spa

Secret Garden

Please check Hotel Reception
for opening hours

Lobby Snacks

Homemade Scone & Preserves

(Scones - Plain, Fruit, Cherry or Wheaten) (1a,3,7,12)

Toast & Preserves

(Toast - White, Brown or Wheaten) (1a,1b,1c,7)

Freshly Cut Sandwiches

(White or Brown Bread, Gluten free options available) (Choice of 2 Fillings -
Ham, Beef, Turkey, Chicken, Salad, Egg & Onion, Tuna & Sweetcorn, Cheese)
(1a,1b,1c,3,4,7,9,10) *Extra Filling 50c per item*

Hot Carvery Meat Sandwiches

(Only available during Carvery hours) (1a,1b,1c,3,4,7,9,10)

Toasted Sandwiches

(white or brown bread) (Choice of 2 Fillings - Ham, Chicken, Tomato, Cheese, Onion,
Mushroom, Pineapple) (1a,1b,1c,3,4,7,9,10). *Extra Filling 50c per item*

Soup & Sandwich Combo

(1a,1b,1c,3,4,7,9,10)

Paninis & Wraps

(Choice of 2 Fillings, Ham, Beef, Turkey, Brie, Cheddar Cheese, Onion & Tomato)
(1a,7,10). *Extra Filling 50c per item*

Signature Wrap (Healthy Option)

Cajun Chicken Served in a Warm Tortilla Wrap with Lettuce and Mayonnaise (1a,7,10)

Signature Panini

Ham, Rocket & Ballymaloe Relish (1a,7,10)

Dessert

Please ask your server for the Dessert Menu

See back for allergen information.