

# Carrick Restaurant

## Starters

**Stuffed Mushrooms €7.50** (1,3,6,7,10,12)  
Breaded mushroom caps stuffed with smoked bacon & chive cream cheese with garlic mayonnaise

**Smoked Chicken Caesar Salad €8.70**  
(1,2,3,4,6,7,10,12,13)  
Smoked Chicken, crisp baby gem, croutons & aged Parmesan

**Prawn Cocktail €11.50** (2,3,4,10,14)  
Dublin bay prawns in a rich Marie Rose Sauce

**Vegetable Soup €6.00** (6,7,9)  
Served with a crusty roll

**Chicken Goujons €8.90** (1,3,6,7)  
Southern fried strips of chicken with sweet chilli dip or garlic mayonnaise

**Prawn Pil Pil €10.50** (1,2,3,6)  
Pan fried in chilli & garlic butter with cherry tomatoes & smoked paprika served with garlic bread

**Duo of Melon €7.50**  
Served with red berry coulis & seasonal fruit

**Duck Spring Roll €8.50** (1,3,6,9)  
Shredded duck & pan fried vegetables with ginger & coriander wrapped in filo pastry

## Mains

**Battered Scampi €23.50** (1,2,3,6,7,10)  
Select prawns in batter, deep fried & served with chips

**Tiger Prawns €24.70** (2,6,12)  
Black tiger prawns tossed in garlic, chili & ginger with peppers & spring onion & served with rice

**Beef Stroganoff €26.90** (1,6,7,9,12)  
Strips of fillet steak, with paprika, gherkins, onions & mushrooms in a sherry cream sauce with rice

**Chicken Maryland €22.50** (1,3,6,7)  
Pan fried breast of chicken with tomato, bacon & fruit fritters served with chips

**Grilled Salmon €24.25** (1,2,4,6,7)  
On a bed of shrimp, leek & white wine sauce & served with broccoli

**Deep Fried Plaice €20.90** (1,3,4,6,7,14)  
Served with chunky chips & tartar sauce

**Medallions of Beef €33.50** (1,6,7,9,12)  
Pan fried medallions of fillet steak, cooked to your liking & served in a cracked black Pepper sauce with creamed potatoes

**Chicken Sandeman €22.50** (1,6,7,9,12)  
Sautéed breast of chicken with shallots, in a sherry & cream demi-glaze sauce with sautéed potatoes

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Spicy Peppered Chicken €22.50 (1,6,7,9,12)

Sautéed breast of chicken in Cajun spices & black pepper, in a whiskey cream sauce served with chips

Cold Meat Salad €17.50 (1,3,5,6,7,8,9,10)

## Steaks

Sirloin €32.90(6)

Fillet €34.00 (6)

Minute €25.00 (6)

Surf & Turf €31.50 (2,4,6,7)

All of our house steaks are served with French fried potatoes, a French fried onion & choice of peppered, gaelic or diane sauce

Vegetarian

Roasted Vegetable Quiche €16.50 (1,3,6,7)

Vegetable Penne Pasta €16.50 (1,3,6,7)

## Sides €3.50

Broccoli Hollandaise (3,7)

Cauliflower Mornay (1,3,7)

Garlic Spinach (7)

Buttered Carrots (7)

Sautéed Mushrooms (6,7)

French Fried Onion (1,6,7)

House Salad (3,5,6,10)

Mixed Green Veg (6,7)

Panache of Veg (6,7)

Sautéed Potatoes (6,7)

Baked Garlic & Cheese Potatoes (1,6,7)

Boiled Potatoes (7)

Lyonnaise Potatoes (6,7)

French Fried Potatoes (6)

Garlic Sautéed Potatoes (6,7)

## Desserts €6.50

Banoffee

Chocolate Brownie with Vanilla Ice cream

Fresh Fruit Pavlova

Chef's Cheesecake of the Day

Selection of Glastery Farm Ice Creams

### Allergen Information:

1.Cereals 2.Crustaceans 3.Eggs 4.Fish 5.Peanuts 6.Soybeans 7.Milk 8.Nuts 9.Celery 10.Mustard

11.Sesame seeds 12.Sulphur dioxide & sulphites 13.Lupin 14.Molluscs

If you have any special dietary requirements or allergies, please advise your service staff upon ordering.