

<u>Food Served</u> 3.15 pm – 9pm (Mon – Fri) 3.15 pm – 6.45 pm (Sat) 4pm – 7pm (Sun)

<u>Starters</u>

Homemade Soup of the Day €6.90 (1,3,7,9) Served with a crusty roll or fresh wheaten bread

Chicken Goujons €10.20 (1,3,5,6,7,8) Main Course €19.00

Crisp Chicken Goujons with tossed salad, served with garlic mayonnaise or sweet chilli sauce

Hot Sticky Wings €10.20 (1,6,7,9) Served with Celery Sticks & Crème Fraiche

Garlic Mushrooms €10.00 (1,3,6,7,10) Golden crumbed mushrooms served with salad garnish & garlic mayonnaise

Caesar Salad €10.20 (1,3,6,7,10,12) With Cos lettuce, crispy bacon, parmesan shavings, garlic croutons & Caesar dressing Add Chicken €11.00 Main Course with Chicken €19.00

Prawn Pil-Pil €12.90 (1,2,6,7,12) Prawns pan fried in a chilli & garlic butter, with cherry tomatoes, smoked paprika & garlic bread

Battered Cod Goujons €10.90 (1,3,4,6,7,10) Main Course €19.90

Crisp Cod Goujons with tossed salad, served with Curried mayo dip



<u>Burger Bar</u> 8oz Beef Burger €19.90 (1,3,6,7,10,12) Ballymaloe Relish, Beef Tomato, Streaky Bacon, Cheese & Chips

8oz Peppered Burger €19.90 (1,3,6,7,9) Served with an Onion Ring, Peppered Sauce & Chips

Southern Fried Chicken Fillet Burger €19.20 (1,3,6,7,10) Little Gem Lettuce, Coleslaw & Chips <u>From The Sea</u> Golden Crumbed Fillets of Plaice €19.20 (1, 3, 4, 6, 7,10) Served with Red Cabbage Slaw & Chips

Baked Darne of Salmon €23.50 (1,2,4,6,7,9,10,12) Served with Baby Potatoes, Green Beans, Peas & Prawns in a Light Curried Cream Sauce

Grilled Fillets of Seabass €23.00 (1,4,6,7) On a bed of Champ, Pearl Onions served with a Nut Brown Butter

Chicken Dishes Chicken or Beef Stir Fry €21.50 (1,6,9,12,14) With Noodles & Oyster Sauce

Breaded Breast of Chicken €19.90 (1,3,6,7,12) with Grilled Bacon, Tomato & Chips

Chicken Curry €19.90 (1,5,6,9) Breast of Chicken Curry served with Boiled Rice and Naan Bread

Honey Chilli Chicken €21.00 (1,2,3,6,7,11) Battered Chicken, served with Onions, Peppers, Honey Chilli Sauce, Rice & Prawn Crackers



Carrickdale Classics

Roast of the Day €21.00 (1,6,7,9) Choice of Beef, Lamb or Turkey & Ham with a panache of vegetables & creamed potatoes

Lasagne €19.00 (1,3,6,7,9) Homemade Beef Lasagne served with Tossed

Salad, Coleslaw, Garlic Bread & Chips

Steak Sandwich €26.00 (1,3,6,7,9) 10oz Sirloin Steak on garlic bread with sautéed onions, mushrooms & Chips

Side Orders €4.70 Potatoes: Sautéed (1,6,7) Garlic (7) Creamed (7) Sweet Potato Fries (6) Chips (1,6) French Fried Onions (1,3,6,7) Sautéed Mushrooms (6,7) Broccoli Hollandaise (3,7) Buttered Carrots (7) Tossed Salad (6,9) Panache of Vegetables (7)



<u>Vegan</u>

Starters €9.50

Chilled Melon Pearls with Fruit Coulis fresh Fruit Garnish & Toasted Coconut (8)

Orange and Mixed Nut Salad with mixed leaves Red Onion, Cherry Tomato, Grated Carrot & Orange Vinaigrette dressing **(5,6,8,10)**

Vegan Spring Rolls, House Salad, Soya & Ginger Dip (1,6,8,9)

Main Course €20.00

Penne Pasta with a Sundried Tomato Tapenade (1,6)

Vegetable Curry Served with Boiled Rice (1,6,9,10,11)

Stir Fry Vegetables with Noodles & Sweet Chilli & Ginger Sauce (1,6,9)

Dales Special Vegan Cheese Burger served with Baby Gem, Beef Tomato in a Brioche Bun (1,13)

Dessert €8.00

Vegan Chocolate Cake with Vegan Ice Cream (1,8,6)

Vegan Ice Cream (6,8)



<u>Sweets €8.50</u>

Pavlova with Fresh Fruit & Cream (3,7)
Traditional Sherry Trifle (1,3,6,7)
Chef's Cheesecake (1,3,6,7)
Homemade Apple Pie (1,3,6,7)
Banoffee Pie (1,3,6,7)
Selection of Ice Creams Served in a Chocolate Wafer Basket (1,3,6,7)
Sticky Toffee Pudding, Hot Caramel Sauce & Ice Cream (1,3,7)
Chocolate Chip Cookies with Ice - Cream & Chocolate Sauce (1,3,6,7)
Add a scoop of Ice cream to any dessert €1.00
Gluten Free Options Available – Please ask your server



Kid's Menu

Starters €4.00

Cream of Fresh Vegetable Soup (7,9) Choice of chilled apple or orange juice Honeydew Melon with Fresh Berries

Mains €8.50

Chicken Goujons (1,3,7,8) Sausages (1,9,10) Burger (1,3,6,9) Nuggets (1,3,6,7,8) All of the above served with chips & beans

Spaghetti Bolognaise (1,3,7,9) Lasagne With Homemade Chips (1,3,7,9)

Mains €11.00

Roast Beef Turkey & Ham (1,7) All of the above served with fresh vegetables & potatoes (7)

Dessert €3.50

Jelly & Ice Cream (7)

Selection of Ice Cream (7)

Chocolate Brownie & ice cream (1,3,7)

Dietary

Many dishes may be adapted to suit your dietary requirements, Please ask your server

No Split Bills for Parties of over six people

Substances or Products causing allergies or intolerances as listed in Annex II of Regulation (EU) No 1169/2011

- 1. Cereals containing gluten, namely: wheat, rye, barley, oats and products thereof
- 2. Crustaceans
- 3. Eggs
- 4. Fish
- 5. Peanuts
- 6. Soybeans
- 7. Milk
- 8. Nuts
- 9. Celery
- 10. Mustard
- 11. Sesame seeds
- 12. Sulphur dioxide and sulphites
- 13. Lupin
- 14. Molluscs